MIT Resources Available to Graduate Student Families

Useful for Before You Arrive at MIT

Division of Student Life On-Campus Housing For Graduate Students with Families
http://housing.mit.edu/graduatefamily/graduate_family_housing/

- Eastgate Apartments: 201 unfurnished 1 & 2 bedroom units; family resources within the residence: http://eastgate.mit.edu/;
- Westgate Apartments: 208 unfurnished efficiency, 1 & 2 bedroom units; family resources within the residence: http://housing.mit.edu/housing/graduate/westgate_apartments

Family – oriented programming is also offered within the graduate families residences.

MIT Technology Childcare Centers (TCC)
http://hrweb.mit.edu/mitchildcare/centers/eastgate/

TCC includes three child care centers in Cambridge, one in Lexington, and coming soon, The David H. Koch Childcare Center (see MIT News article: http://web.mit.edu/newsoffice/2012/new-childcare-facility-0925.html) Full-time and part-time infant, toddler, and preschool care is available, with a limited number of slots for graduate student families.

MIT Work-Life Center
http://hrweb.mit.edu/worklife/welcome
Room 16-151, Phone 617-253-1592, E-mail worklife@mit.edu

- By phone: “Work-Life Resources 24/7”: Call toll-free phone number 1-877-847-4523
  Service offered free of charge to admitted MIT graduate students. Consultants can provide information about off-campus childcare and Boston/Cambridge area schools, elder/adult care, schools, legal/financial concerns, relocation and daily living.

- In person: Services such as individual consultations and referrals on child care and parenting, elder care, balancing work and personal life, are available at no cost to MIT students, staff, and faculty, as well as to their partners and families. Also houses a lending library with more than 1,000 books for adults and children on a wide variety of work-life topics.

MIT Spouses& Partners Newcomers Guide
http://spouses.mit.edu/newcomers
Provides information on moving to and living in Boston/Cambridge; money and finances; bills and utilities; transportation; MIT ID cards for spouses and partners.

MIT FamilyNet Website
https://familynet.mit.edu/
Online community where members can network and share information via the searchable member database and member-initiated groups and forums on a variety of topics, which include parenting, child care, English language learning, housing, health and insurance, employment, and educational opportunities.
After You Arrive at MIT

In addition to the resources listed above, please also see below:

Office of the Dean for Graduate Education (ODGE)
http://odge.mit.edu/
Room 3-138, Phone 617-253-4860, E-mail odge@mit.edu

The ODGE comprises the Office of the Dean for Graduate Education, the International Students Office, and the Graduate Student Council; together, they foster academic excellence and quality of life for MIT’s community of graduate students. The ODGE has focused areas of its current strategic plan on programs that effectively serve the identified needs of graduate student families.

- **Childbirth Accommodation** (Paid Maternity Leave)
  http://odge.mit.edu/gpp/registration/changes/childbirth-accommodation-maternity-leave/
  A student anticipating childbirth is eligible for Childbirth Accommodation approved by the ODGE, and may choose a period of one to two months. For students with RA appointments, the Fund payment will cover tuition and stipend. For TA appointments, only the stipend component will be paid from the Fund, and the student will not be responsible for the TA tuition component.

- **Apply for a Graduate Student Life Grant (GSLG) for Family-Focused Initiatives**
  http://odge.mit.edu/community/gslg/
  Provide resources to families such as babysitting nights and social activities on campus for parents and children. The deadline for 2013-2014 grant proposals is 11:59pm on Friday, October 18, 2013. Contact the Grants program with questions at gslg@mit.edu.

- **Apply for an out-of-cycle funding request for community-building activities and events**

- **Graduate Student Council (GSC)**
  http://gsc.mit.edu/
  Family Activities are supported through the GSC Funding Board: http://gsc.mit.edu/committees/fb/
  Past activities have included Eastgate Fall Orientation BBQ, Westgate Christmas Party, Families 101.

- **Join the GSC Housing and Community Affairs (HCA) Families Subcommittee**
  http://gsc.mit.edu/committees/hca/family/
  Currently working on increasing family housing options, advocating for more affordable on- and off-campus childcare options, maintaining high-quality and affordable health care, and improving campus safety for families.

Backup Child Care For Students
http://hrweb.mit.edu/worklife/backups-care-students

A new program of subsidized backup childcare for MIT undergraduate and graduate students. Backup care provided by Parents in a Pinch, Inc. at a subsidized hourly rate. Screened and trained caregivers are available on short notice to provide childcare, day or evening, 7 days a week. MIT students can request up to 10 childcare referrals annually, for a minimum of 4 hours and a maximum of 8 hours daily.
Employment Opportunities at MIT for Spouses
http://jobs.mit.edu/

MIT Medical
http://medweb.mit.edu/
- Pediatrics http://medweb.mit.edu/directory/services/pediatrics.html
- Mental Health and Counseling http://medweb.mit.edu/directory/services/mental_health.html
- Student Health Plans http://medweb.mit.edu/healthplans/student/Insurance

Graduate Student Dental Plan
http://graddental.mit.edu/graddental/

MIT Spouses&Partners
http://spouses.mit.edu/
Provides information and referrals that connect spouses and partners with resources both at MIT and in the Boston area. Specific information on resources for international newcomers, work and volunteering, health care, groups and activities, parenting resources, childcare and schooling options in the Cambridge area. Organizes weekly meetings, interest groups, trips and annual events. Member-led parent-child groups: Moms to-be, New Moms Group, BabyNet Play Group.

Grad Moms
http://mailman.mit.edu/mailman/listinfo/gradmoms
Group for graduate students and postdocs who are mothers. Monthly lunches.

MIT Council on Family and Work
http://hrweb.mit.edu/workfamily/index.html
The Council on Family and Work monitors the quality of life at MIT and shares its impressions with senior administrators, key committees, and the larger community.

Personal Support & Counseling
- Office of the Dean for Graduate Education (ODGE) http://odge.mit.edu/development/advising/
- MIT Ombuds Office http://web.mit.edu/ombud/